



Little Sunbeams Preschool

A Reggio Emilia Inspired School



JANUARY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
	7 -Graham crackers -Milk (1 gallon) VALERIA	8 -Bananas (15) -Strawberry GoGurt (36) ADAM	9 -Oranges (cuties/halos) -String cheese SOPHIA S.	10 -Sliced apples -Wheat crackers AVA	11 -Gold fish crackers -100% apple juice CAROLYN	12
13 Snack provided by:	14 -Graham crackers -Milk (1 gallon) ASPEN M.	15 -Bananas (15) -Strawberry GoGurt (30) ALMA	16 -Oranges (cuties/halos) -String cheese EMERSON	17 -Sliced apples -Wheat crackers VANIA	18 -Gold fish crackers -100% apple juice REMMY <i>Last day to bring collection of 100</i>	19
20 Snack provided by:	NO SCHOOL: MLKJ HOLIDAY No School	22 -Bananas (15) -Strawberry GoGurt (30) MATEO	23 -Oranges (cuties/halos) -String cheese KIKI <i>100TH DAY OF SCHOOL</i>	24 -Sliced apples -Wheat crackers NDINDA	25 -Gold fish crackers -100% apple juice GERONIMO <i>LAST DAY TO ENROLL FOR 2019-2020 @ discount prices</i>	26 Open enrollment starts
27 Snack provided by:	28 -Graham crackers -Milk (1 gallon) BECKETT	29 -Bananas (15) -Strawberry GoGurt (30) AUBREE	30 -Oranges (cuties/halos) -String cheese VICTORIA	31 -Sliced apples -Wheat crackers ALEX	FEB 1 -Gold fish crackers -100% apple juice ASHTON	FEB 2

Parents: please provide the snack on your assigned day above for 36 students

As a member of **EMPOWER**, a state health program, Little Sunbeams Preschool ensures that fruit juice intake is limited to only **two** servings *per week* during school hours. Please, help us follow this policy by sending only one serving of juice per week in your child's lunch (notice that the other serving will be on Fridays during snack). Some ideas for alternatives: water, milk, chocolate or other flavored milk.

